

## Therapeutic Regimens

### Epionce is the Perfect Solution for Imperfect Skin

#### **Rosacea** A Misunderstood Skin Condition

Caused by chronic inflammation and abnormal blood vessel response to stimuli, a gentle treatment plan for rosacea is the best approach to relieve the symptoms. Epionce helps manage the symptoms by improving barrier function and reducing inflammatory factors that can make the condition worse. It gently, yet effectively, improves the skin by reducing redness/flushing, irritation and bumps.

	Cleanse + Prepare	Correct + Boost	Renew + Fortify	Protect + Prevent
<b>Dry/Sensitive to Normal Skin</b>	Milky Lotion Cleanser or Gentle Foaming Cleanser AM/PM	Lite Lytic Tx PM <i>Optional: Introduce after 3 months use of a Renewal product; Begin with PM application then add AM</i>	Renewal Facial Cream or Intensive Nourishing Cream AM/PM <i>Note: May start with Renewal Calming Cream depending on severity; Option: May add Intense Defense Serum AM and/or PM for added benefit</i>	Epionce sunscreen
<b>Oily/Problem Skin</b>	Gentle Foaming or Lytic Gel Cleanser AM/PM; add Purifying Toner AM or PM (if sensitivity allows)	Lytic Tx or Lytic Sport Tx PM <i>Note: Begin with PM application then add AM</i>	Renewal Facial Lotion AM/PM <i>Option: May add Intense Defense Serum AM and/or PM for added benefit</i>	Epionce sunscreen

#### **Keratosis Pilaris** Rough, Small Bumps on the Extremities and Cheeks

Keratosis pilaris is a common skin condition that causes rough patches and small, acne-like bumps, found usually on the arms, thighs, cheeks and buttocks. Keratosis pilaris bumps are usually white, sometimes red, and typically do not hurt or itch. Keratosis pilaris can be difficult to treat, but using a topical anti-inflammatory and barrier repair product like Epionce can help relieve symptoms.

Cleanse + Prepare	Correct + Boost	Renew + Fortify	Protect + Prevent
Lytic Gel Cleanser AM/PM Purifying Toner AM/PM	Lytic Tx, Lytic Plus Tx or Lytic Sport Tx AM/PM	Renewal Body Lotion or Enriched Body Cream AM/PM	Epionce sunscreen

Suggested regimens are a recommendation only, and may need to be adjusted based on factors including skin care goals, skin type, age, sensitivity, climate, and daily activities.

### Epionce Regimen Disclaimer for the Skin Care Professional

The regimens provided have been found to provide relief for many struggling with their quality of life due to skin disease. The information provided is not intended to treat, diagnose or take the place of physician recommendation or prescription products. Epionce Regimens are suggestions for client at-home use, whereas Epionce Protocols, found in the Epionce Protocol Handbook, are guidelines for treatments and procedures performed in-office by a skin care professional.